



Occupational  
Health & Safety  
Musculoskeletal  
Injury Prevention  
(MSIP)

# Trainer's Guide to MSIP

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## ***Supplies Needed:***

- Wheelchair
- Bed (if possible)
- 3 volunteers
- Slider sheet
- Lifts
- Belts
- Full linen carts, (or anything else regularly moved that has the potential to be heavy)

## ***The following are the instructions for MSIP Training:***


**Step 1**

**Step 2**

**Step 3**

**Step 4**


The Key Point of this training is:

Original Date: August 2010	Revision Date:	Revision #
File Name: MSIP - PV	Implementation: All sites	Created by: Quality Assurance and Training Manager
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**MSIP Training:**

**Policy:**

**Procedure**

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